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EXACT DAILY DIARY

Please complete your diary *every evening*, just before you go to bed.

QSEVINTX=EVERY EVENING BEFORE BEDTIME

Please check the box that best describes your experience *today*.

1. Did your chest feel congested today?* **QSTESTCD=EXACT101**

- Not at all
- Slightly
- Moderately
- Severely
- Extremely

QSORRES

2. How often did you cough today?* **QSTESTCD=EXACT102**

- Not at all
- Rarely
- Occasionally
- Frequently
- Almost constantly

3. How much mucus (phlegm) did you bring up when coughing today?* **QSTESTCD=EXACT103**

- None at all
- A little
- Some
- A great deal
- A very great deal

4. How difficult was it to bring up mucus (phlegm) today?* **QSTESTCD=EXACT104**

- Not at all
- Slightly
- Moderately
- Quite a bit
- Extremely

5. Did you have chest discomfort today?* **QSTESTCD=EXACT105**

- Not at all
- Slight
- Moderate
- Severe
- Extreme

6. Did your chest feel tight today?* **QSTESTCD=EXACT106**
- Not at all
 - Slightly
 - Moderately
 - Severely
 - Extremely
7. Were you breathless today?* **QSTESTCD=EXACT107**
- Not at all
 - Slightly
 - Moderately
 - Severely
 - Extremely
8. Describe how breathless you were today:* **QSTESTCD=EXACT108**
- Unaware of breathlessness
 - Breathless during strenuous activity
 - Breathless during light activity
 - Breathless when washing or dressing
 - Present when resting
9. Were you short of breath today when performing your usual personal care activities like washing or dressing?*
- Not at all **QSTESTCD=EXACT109**
 - Slightly
 - Moderately
 - Severely
 - Extremely
 - Too breathless to do these
10. Were you short of breath today when performing your usual indoor activities like cleaning or household work?*
- Not at all **QSTESTCD=EXACT110**
 - Slightly
 - Moderately
 - Severely
 - Extremely
 - Too breathless to do these
11. Were you short of breath today when performing your usual activities outside the home such as yard work or errands?*
- Not at all **QSTESTCD=EXACT111**
 - Slightly
 - Moderately
 - Severely
 - Extremely
 - Too breathless to do these

12. Were you tired or weak today? **QSTESTCD=EXACT112**

- Not at all
- Slightly
- Moderately
- Severely
- Extremely

13. Last night, was your sleep disturbed? **QSTESTCD=EXACT113**

- Not at all
- Slightly
- Moderately
- Severely
- Extremely

14. How scared or worried were you about your lung problems today? **QSTESTCD=EXACT114**

- Not at all
- Slightly
- Moderately
- Severely
- Extremely

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Notes:

Starred (*) items reflect the EXACT-Respiratory Symptoms (E-RS), a derivative instrument used to measure the effect of treatment on the severity of respiratory symptoms in stable COPD.

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