

**MOOD SCALE
(short form)****QSEVLINT = -P1W**

Choose the best answer for how you have felt over the past week:

QSTESTCD = GDS02011. Are you basically satisfied with your life? **YES / NO** ← **QSORRES****QSTESTCD = GDS0202**2. Have you dropped many of your activities and interests? **YES / NO****QSTESTCD = GDS0203**3. Do you feel that your life is empty? **YES / NO****QSTESTCD = GDS0204**4. Do you often get bored? **YES / NO****QSTESTCD = GDS0205**5. Are you in good spirits most of the time? **YES / NO****QSTESTCD = GDS0206**6. Are you afraid that something bad is going to happen to you? **YES / NO****QSTESTCD = GDS0207**7. Do you feel happy most of the time? **YES / NO****QSTESTCD = GDS0208**8. Do you often feel helpless? **YES / NO****QSTESTCD = GDS0209**9. Do you prefer to stay at home, rather than going out and doing new things? **YES / NO****QSTESTCD = GDS0210**10. Do you feel you have more problems with memory than most? **YES / NO****QSTESTCD = GDS0211**11. Do you think it is wonderful to be alive now? **YES / NO****QSTESTCD = GDS0212**12. Do you feel pretty worthless the way you are now? **YES / NO****QSTESTCD = GDS0213**13. Do you feel full of energy? **YES / NO****QSTESTCD = GDS0214**14. Do you feel that your situation is hopeless? **YES / NO****QSTESTCD = GDS0215**15. Do you think that most people are better off than you are? **YES / NO**

Answers in **bold** indicate depression. Although differing sensitivities and specificities have been obtained across studies, for clinical purposes a score > 5 points is suggestive of depression and should warrant a follow-up interview. Scores > 10 are almost always depression.