

**FT (Functional Tests)**

**FTCAT=4-STAIR DESCEND**

4-Stair Descend

Item Number	Question	Answer
	Was the entire instrument not done?	If not done, reason not done:
		FTREASND when FTSTAT=NOT DONE
1	Was the 4-stair descend performed?  FTTESTCD=D4STR101	<input type="checkbox"/> Yes [Go to 2] FTORRES/FTSTRESC <input type="checkbox"/> No, Due to disease under study [Go to 4, assign test grade = 1]
2	If yes, time taken to do the 4-stair descend? FTTESTCD=D4STR102	_____ minutes _____ . ____ seconds FTORRES/FTSTRESC
3	If yes, did subject wear orthoses? FTTESTCD=D4STR103	<input type="checkbox"/> Yes FTORRES/FTSTRESC <input type="checkbox"/> No FTSTRESC
4	Test grade (check one only) FTTESTCD=D4STR104	<input type="checkbox"/> (1) Unable to descend 4 standard stairs. <input type="checkbox"/> (2) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), using both arms on one or both handrails. <input type="checkbox"/> (3) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), using one arm on one handrail. <input type="checkbox"/> (4) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), not needing handrail. <input type="checkbox"/> (5) Descends 4 standard stairs alternating feet, needs handrail for support. <input type="checkbox"/> (6) Descends 4 standard stairs alternating feet, not needing handrail support.

McDonald CM, Henricson EK, Abresch RT, et al. The 6-minute walk test and other clinical endpoints in duchenne muscular dystrophy: reliability, concurrent validity, and minimal clinically important differences from a multicenter study. Muscle Nerve. 2013;48(3):357-68.

**CDISC created this CRF to represent the 4-Stair Descend. CDISC believes this instrument is in the public domain, but you should perform your own assessment. This is not a validated CRF or an endorsement of the 4-Stair Descend. CDISC specifies how to structure the data that has been collected in a database, not what should be collected or how to conduct clinical assessments or protocols.**