

FT=Functional Tests

FTCAT=DESCEND 4 STAIRS

4 Stair Descend

Was Test Performed?

Yes

No

FTSTAT=NOT DONE for FTTESTCD=D4STR101 when NO is selected

Reason Not Performed:

FTREASND when FTSTAT=NOT DONE

Did Subject Wear Orthoses?

Yes

No

QVAL when QNAM=FTPFAFO

Time taken to descend 4 stairs: |_|_|_|.|_|_| seconds

FTTESTCD=D4STR101

Test Grade (assigned by a trained physician using grading system below):

FTTESTCD=D4STR102

Check (X) ONE only

FTORRES

- (1) Unable to descend 4 standard stairs
- (2) Descends 4 standard stairs "marking time" (descends one foot at a time, with both feet on a step before moving to next step). Uses both arms on one or both handrails.
- (3) Descends 4 standard stairs "marking time" (descends one foot at a time, with both feet on a step before moving to next step). Using one arm on one handrail.
- (4) Descends 4 standard stairs "marking time" (descends one foot at a time, with both feet on a step before moving to next step). Not needing handrail.
- (5) Descends 4 standard stairs alternating feet, needs handrail for support.
- (6) Descends 4 standard stairs alternating feet, not needing handrail support.

**FTSTRESC/
FTSTRESN**