

# **FT=Functional Tests**

**FTCAT=ASCEND 4 STAIRS**

4 Stair Ascend

Was Test Performed?

Yes

No

**FTSTAT=NOT DONE for FTTESTCD=A4STR101 when NO is selected**

Reason Not Performed: \_\_\_\_\_

**FTREASND when FTSTAT=NOT DONE**

Did Subject Wear Orthoses?

Yes

No

**QVAL when QNAM=FTPTAFO**

Time taken to ascend 4 stairs: |\_|\_|\_|.|\_|\_| seconds

**FTTESTCD=A4STR101**

Test Grade (assigned by a trained physician using grading system below):

**FTTESTCD=A4STR102**

Check (X) ONE only

**FTORRES**

**FTSTRESC/  
FTSTRESN**

- (1) Unable to climb 4 standard stairs
- (2) Climbs 4 standard stairs "marking time" (climbs one foot at a time, with both feet on a step before moving to next step). Uses both arms on one or both handrails.
- (3) Climbs 4 standard stairs "marking time" (climbs one foot at a time, with both feet on a step before moving to next step). Uses both arms on one or both handrails.
- (4) Climbs 4 standard stairs "marking time" (climbs one foot at a time, with both feet on a step before moving to next step). Not needing handrail.
- (5) Climbs 4 standard stairs alternating feet, needs handrail for support.
- (6) Climbs 4 standard stairs alternating feet, not needing handrail support.