

FT=Functional Tests

FTCAT=RISING FROM FLOOR

Rising From Floor

Was Test Performed?

Yes

No

FTSTAT=NOT DONE for FTTESTCD=RISEF101 when NO is selected

Reason Not Performed:

FTREASND when FTSTAT=NOT DONE

Did Subject Wear Orthoses?

Yes

No

QVAL when QNAM=FTPTAFO

Time taken to rise from a supine position: |_|_|_|.|_|_| seconds

FTTESTCD=RISEF101

Test Grade (assigned by a trained physician using grading system below):

FTTESTCD=RISEF102

Check (X) ONE only

FTORRES

- (1) Unable to stand from supine, even with use of a chair.
- (2) Assisted Gowers' - requires furniture for assist in arising from supine to full upright posture.
- (3) Full Gowers' - rolls over, stands up with both hands "climbing up" the legs to achieve full upright posture.
- (4) Half Gowers' - rolls over, stands up with one hand support on leg.
- (5) Rolls to the side and/or stands up with one hand or both hands on the floor to start to rise up but does not touch legs.
- (6) Stands up without rolling over or using hands.

**FTSTRESC/
FTSTRESN**