

FT (Functional Tests)

FTCAT=4-STAIR ASCEND

4-Stair Ascend

Item Number	Question	Answer	FTREASND when FTSTAT=NOT DONE
	Was the entire instrument not done?	If not done, reason not done:	
1	Was the 4-stair ascend performed? FTTESTCD=A4STR101	<input type="checkbox"/> Yes [Go to 2] FTORRES/FTSTRESC <input type="checkbox"/> No, Due to disease under study [Go to 4, assign test grade = 1]	
2	If yes, time taken to do the 4-stair ascend? FTTESTCD=A4STR102	_____ minutes _____ . ____ seconds	FTORRES/FTSTRESC
3	If yes, did subject wear orthoses? FTTESTCD=A4STR103	<input type="checkbox"/> Yes FTORRES/FTSTRESC <input type="checkbox"/> No FTSTRESC	
4	Test grade (check one only) FTTESTCD=A4STR104	<input type="checkbox"/> (1) Unable to climb up 4 standard stairs. <input type="checkbox"/> (2) Climbs 4 standard stairs "marking time" (climbs 1 foot at a time, with both feet on a step before moving to next step), using both arms on one or both handrails. <input type="checkbox"/> (3) Climbs 4 standard stairs "marking time" (climbs 1 foot at a time, with both feet on a step before moving to next step), using one arm on one handrail. <input type="checkbox"/> (4) Climbs 4 standard stairs "marking time" (climbs 1 foot at a time, with both feet on a step before moving to next step), not needing handrail. <input type="checkbox"/> (5) Climbs 4 standard stairs alternating feet, needs handrail for support. <input type="checkbox"/> (6) Climbs 4 standard stairs alternating feet, not needing handrail support.	FTORRES

FTSTRESC/FTSTRESN

McDonald CM, Henricson EK, Abresch RT, et al. The 6-minute walk test and other clinical endpoints in duchenne muscular dystrophy: reliability, concurrent validity, and minimal clinically important differences from a multicenter study. Muscle Nerve. 2013;48(3):357-68.

CDISC created this CRF to represent the 4-Stair Ascend. CDISC believes this instrument is in the public domain, but you should perform your own assessment. This is not a validated CRF or an endorsement of the 4-Stair Ascend. CDISC specifies how to structure the data that has been collected in a database, not what should be collected or how to conduct clinical assessments or protocols.