

COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

Already Enrolled Subjects

Version 1/14/09

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Disclaimer:

This scale is intended to be used by individuals who have received training in its administration. The questions contained in the Columbia-Suicide Severity Rating Scale are suggested probes. Ultimately, the determination of the presence of suicidal ideation or behavior depends on the judgment of the individual administering the scale.

*Definitions of behavioral suicidal events in this scale are based on those used in **The Columbia Suicide History Form**, developed by John Mann, MD and Maria Oquendo, MD, Conte Center for the Neuroscience of Mental Disorders (CCNMD), New York State Psychiatric Institute, 1051 Riverside Drive, New York, NY, 10032. (Oquendo M. A., Halberstam B. & Mann J. J., Risk factors for suicidal behavior: utility and limitations of research instruments. In M.B. First [Ed.] Standardized Evaluation in Clinical Practice, pp. 103 -130, 2003.)*

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SUICIDAL IDEATION		QSSCAT = SUICIDAL IDEATION		Prior Entry: Time He/She Felt Most		QSEVINTX	
Ask questions 1 and 2. If both are negative, proceed to the next section. If the answer to question 2 is "yes", ask questions 3, 4 and 5. If the answer to question 1 and/or 2 is "yes", complete "Intensity of Ideation" section below.				Study Start:			
1. Wish to be Dead				Yes No		Yes No	
Subject endorses thoughts about a wish to be dead or not alive anymore, or wish to fall asleep and not wake up. Have you wished you were dead or wished you could go to sleep and not wake up?				QSTESTCD=CSS0501A		<input type="checkbox"/> <input type="checkbox"/>	
If yes, describe: QSTESTCD=CSS0501C				QSTESTCD=CSS0501B			
2. Non-Specific Active Suicidal Thoughts				Yes No		Yes No	
General non-specific thoughts of wanting to end one's life/commit suicide (e.g., "I've thought about killing myself") without thoughts of ways to kill oneself/associated methods, intent, or plan during the assessment period. Have you actually had any thoughts of killing yourself?				QSTESTCD=CSS0502A		<input type="checkbox"/> <input type="checkbox"/>	
If yes, describe: QSTESTCD=CSS0502C				QSTESTCD=CSS0502B			
3. Active Suicidal Ideation with Any Methods (Not Plan) without Intent to Act				Yes No		Yes No	
Subject endorses thoughts of suicide and has thought of at least one method during the assessment period. This is different than a specific plan with time, place or method details worked out (e.g., thought of method to kill self but not a specific plan). Includes person who would say, "I thought about taking an overdose but I never made a specific plan as to when, where or how I would actually do it...and I would never go through with it." Have you been thinking about how you might do this?				QSTESTCD=CSS0503A		<input type="checkbox"/> <input type="checkbox"/>	
If yes, describe: QSTESTCD=CSS0503C				QSTESTCD=CSS0503B			
4. Active Suicidal Ideation with Some Intent to Act, without Specific Plan				Yes No		Yes No	
Active suicidal thoughts of killing oneself and subject reports having <u>some intent to act on such thoughts</u> , as opposed to "I have the thoughts but I definitely will not do anything about them." Have you had these thoughts and had some intention of acting on them?				QSTESTCD=CSS0504A		<input type="checkbox"/> <input type="checkbox"/>	
If yes, describe: QSTESTCD=CSS0504C				QSTESTCD=CSS0504B			
5. Active Suicidal Ideation with Specific Plan and Intent				Yes No		Yes No	
Thoughts of killing oneself with details of plan fully or partially worked out and subject has some intent to carry it out. Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?				QSTESTCD=CSS0505A		<input type="checkbox"/> <input type="checkbox"/>	
If yes, describe: QSTESTCD=CSS0505C				QSTESTCD=CSS0505B			
INTENSITY OF IDEATION		QSSCAT = INTENSITY OF IDEATION					
The following features should be rated from above, with 1 being the least severe and 5 being the most severe). For prior to study entry, ask about time he/she was feeling the most suicidal.				Most Severe		Most Severe	
Prior to Study Entry - Most Severe Ideation: QSTESTCD=CSS0506A				QSTESTCD=CSS0506B			
Since Study Start - Most Severe Ideation: QSTESTCD=CSS0506C				QSTESTCD=CSS0506D			
Frequency				QSORRES		QSTESTCD=CSS0507A	
How many times have you had these thoughts? (1) Less than once a week (2) Once a week (3) 2-5 times in week (4) Daily or almost daily (5) Many times each day				QSTESTCD=CSS0507B			
Duration				QSSSTRESC/QSSSTRESN		QSTESTCD=CSS0508A	
When you have the thoughts how long do they last? (1) Fleeting - few seconds or minutes (2) Less than 1 hour/some of the time (3) 1-4 hours/a lot of time (4) 4-8 hours/most of day (5) More than 8 hours/persistent or continuous				QSTESTCD=CSS0508B			
Controllability				QSTESTCD=CSS0509A		QSTESTCD=CSS0509B	
Could/can you stop thinking about killing yourself or wanting to die if you want to? (1) Easily able to control thoughts (2) Can control thoughts with little difficulty (3) Can control thoughts with some difficulty (4) Can control thoughts with a lot of difficulty (5) Unable to control thoughts (0) Does not attempt to control thoughts							
Deterrents				QSTESTCD=CSS0510A		QSTESTCD=CSS0510B	
Are there things - anyone or anything (e.g., family, religion, pain of death) - that stopped you from wanting to die or acting on thoughts of committing suicide? (1) Deterrents definitely stopped you from attempting suicide (2) Deterrents probably stopped you (3) Uncertain that deterrents stopped you (4) Deterrents most likely did not stop you (5) Deterrents definitely did not stop you (0) Does not apply							
Reasons for Ideation				QSTESTCD=CSS0511A		QSTESTCD=CSS0511B	
What sort of reasons did you have for thinking about wanting to die or killing yourself? Was it to end the pain or stop the way you were feeling (in other words you couldn't go on living with this pain or how you were feeling) or was it to get attention, revenge or a reaction from others? Or both? (1) Completely to get attention, revenge or a reaction from others (2) Mostly to get attention, revenge or a reaction from others (3) Equally to get attention, revenge or a reaction from others and to end/stop the pain (4) Mostly to end or stop the pain (you couldn't go on living with the pain or how you were feeling) (5) Completely to end or stop the pain (you couldn't go on living with the pain or how you were feeling) (0) Does not apply							

SUICIDAL BEHAVIOR QSSCAT = SUICIDAL BEHAVIOR		Prior to Study Entry	Since Study Start
<i>(Check all that apply, so long as these are separate events; must ask about all types)</i>		Yes No	Yes No
Actual Attempt: A potentially self-injurious act committed with at least some wish to die, as a result of act. Behavior was in part thought of as self-harm. Intent does not have to be 100%. If there is any intent/desire to die associated with the act, then it can be considered an attempt. There does not have to be any injury or harm , just the potential for injury or harm. If person pulls trigger while mouth but gun is broken so no injury results, this is considered an attempt. Inferring Intent: Even if an individual denies intent/wish to die, it may be inferred clinically from the behavior or circumstances. For example, a highly lethal act that is clearly not an accident so no other intent but suicide can be inferred (e.g., gunshot to head, jumping from window of a high floor/story). Also, if someone denies intent to die, but they thought that what they did could be lethal, intent may be inferred. Have you made a suicide attempt? Have you done anything to harm yourself? Have you done anything dangerous where you could have died? What did you do? Did you _____ as a way to end your life? Did you want to die (even a little) when you _____? Were you trying to end your life when you _____? Or Did you think it was possible you could have died from _____? Or did you do it purely for other reasons / without ANY intention of killing yourself (like to relieve stress, feel better, get sympathy, or get something else to happen)? (Self-Injurious Behavior without suicidal intent) If yes, describe:		QSTESTCD=CSS0512A QSTESTCD=CSS0512B Total # of Attempts QSTESTCD=CSS0513A QSTESTCD=CSS0513B	Total # of Attempts QSTESTCD=CSS0514A QSTESTCD=CSS0514B
Has subject engaged in Non-Suicidal Self-Injurious Behavior?		Yes No	Yes No
Interrupted Attempt: When the person is interrupted (by an outside circumstance) from starting the potentially self-injurious act (if no attempt has occurred). Overdose: Person has pills in hand but is stopped from ingesting. Once they ingest any pills, this becomes an attempt rather than an interrupted attempt. Shooting: Person has gun pointed toward self, gun is taken away by someone else, or is somehow prevented from pulling the trigger. Once they pull the trigger, even if the gun fails to fire, it is an attempt. Jumping: Person is poised to jump, is grabbed and taken down from ledge. Hanging: Person has noose around neck but has not yet started to hang - is stopped from doing so. Has there been a time when you started to do something to end your life but someone or something stopped you from actually doing anything? If yes, describe:		QSTESTCD=CSS0515A QSTESTCD=CSS0515B Total # of interrupted QSTESTCD=CSS0516A QSTESTCD=CSS0516B	Total # of interrupted QSTESTCD=CSS0517A QSTESTCD=CSS0517B
Aborted Attempt: When person begins to take steps toward making a suicide attempt, but stops themselves before they actually harm themselves. Examples are similar to interrupted attempts, except that the individual stops him/herself, instead of being stopped by someone or something else. Has there been a time when you started to do something to try to end your life but you stopped yourself before you actually did anything? If yes, describe:		QSTESTCD=CSS0518A QSTESTCD=CSS0518B	QSTESTCD=CSS0519A QSTESTCD=CSS0519B
Preparatory Acts or Behavior: Acts or preparation towards imminently making a suicide attempt. This can include anything beyond a verbalized intention to attempt suicide (e.g., assembling a specific method (e.g., buying pills, purchasing a gun) or preparing for one's death by suicide (e.g., writing a suicide note). Have you taken any steps towards making a suicide attempt or preparing to kill yourself (such as collecting pills, getting a gun, giving valuables away or writing a suicide note)? If yes, describe:		QSTESTCD=CSS0520A QSTESTCD=CSS0520B	QSTESTCD=CSS0521A QSTESTCD=CSS0521B
Suicidal Behavior: Suicidal behavior was present during the assessment period?		QSTESTCD=CSS0522A QSTESTCD=CSS0522B	QSTESTCD=CSS0523A QSTESTCD=CSS0523B
Completed Suicide:		QSTESTCD=CSS0524A QSTESTCD=CSS0524B	QSTESTCD=CSS0525A QSTESTCD=CSS0525B
Answer for Actual Attempts Only QSSSTRESSC/QSSSTRESSN QSORRES		QSTESTCD=CSS0526A QSTESTCD=CSS0526B	QSTESTCD=CSS0527A QSTESTCD=CSS0527B
Actual Lethality/Medical Damage: 0 No physical damage or very minor physical damage (e.g., surface scratches). 1 Minor physical damage (e.g., lethargic speech; first-degree burns; mild bleeding; sprains). 2 Moderate physical damage; medical attention needed (e.g., conscious but sleepy, somewhat restless; second-degree burns; bleeding of major vessel). 3 Moderately severe physical damage; medical hospitalization and likely intensive care required (e.g., comatose with intact; third-degree burns less than 20% of body; extensive blood loss but can recover; major fractures). 4 Severe physical damage; medical hospitalization with intensive care required (e.g., comatose without reflexes; third-degree burns over 20% of body; extensive blood loss with unstable vital signs; major damage to a vital area). 5 Death		QSTESTCD=CSS0528A QSTESTCD=CSS0528B	QSTESTCD=CSS0529A QSTESTCD=CSS0529B
Potential Lethality: Only Answer if Actual Lethality=0 Likely lethality of actual attempt if no medical damage (the following examples, while having no actual lethality, are provided for reference only: putting a gun in mouth and pulled the trigger but gun fails to fire; jumping from a high building on train tracks with oncoming train but pulled away before run over). 0 = Behavior not likely to result in injury 1 = Behavior likely to result in injury but not likely to cause death 2 = Behavior likely to result in death despite available medical care		QSTESTCD=CSS0530A QSTESTCD=CSS0530B	QSTESTCD=CSS0531A QSTESTCD=CSS0531B