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COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

Since Last Visit

Version 1/14/09

Posner, K.; Brent, D.; Lucas, C.; Gould, M.; Stanley, B.; Brown, G.; Fisher, P.; Zelazny, J.; Burke, A.; Oquendo, M.; Mann, J.

Disclaimer:

This scale is intended to be used by individuals who have received training in its administration. The questions contained in the Columbia-Suicide Severity Rating Scale are suggested probes. Ultimately, the determination of the presence of suicidal ideation or behavior depends on the judgment of the individual administering the scale.

Definitions of behavioral suicidal events in this scale are based on those used in **The Columbia Suicide History Form**, developed by John Mann, MD and Maria Oquendo, MD, Conte Center for the Neuroscience of Mental Disorders (CCNMD), New York State Psychiatric Institute, 1051 Riverside Drive, New York, NY, 10032. (Oquendo M. A., Halberstam B. & Mann J. J., Risk factors for suicidal behavior: utility and limitations of research instruments. In M.B. First [Ed.] Standardized Evaluation in Clinical Practice, pp. 103-130, 2003.)

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SUICIDAL IDEATION QSSCAT = SUIC	CIDAL IDEATION	QSE\	/INTX
	sicidal Behavior" section. If the answer to question 2 is "yes",		e Last
ask questions 3, 4 and 5. If the answer to question 1 and/of	r 2 is "yes", complete "Intensity of Ideation" section below.		isit
1. Wish to be Dead	QSTESTCD=CSS0201		DRRES
Subject endorses thoughts about a wish to be dead or not alive anymore, or Have you wished you were dead or wished you could go to sleep and not		Yes	No
Q31E310D-0350201A		_	
2. Non-Specific Active Suicidal Thoughts General non-specific thoughts of wanting to end one's life/commit suicide	QSTESTCD=CSS0202 e (e.g., "I've thought about killing myself") without thoughts of ways to kill	Yes	No
oneself/associated methods, intent, or plan during the assessment period.	o (e.g., 1 to mong.m about mining mysely) manace alouging of mayo to min		
Have you actually had any thoughts of killing yourself?			
If yes, describe: QSTESTCD=CSS0202A			
3. Active Suicidal Ideation with Any Methods (Not Plan) w Subject endorses thoughts of suicide and has thought of at least one metho	ithout Intent to Act during the assessment period. This is different than a specific plan with time,	Yes	No
place or method details worked out (e.g., thought of method to kill self but	not a specific plan). Includes person who would say, "I thought about taking an		
overdose but I never made a specific plan as to when, where or how I wou Have you been thinking about how you might do this?	ia actually ao ilana 1 woula never go through with it.		
If yes, describe: QSTESTCD=CSS0203A			
<u> </u>			
4. Active Suicidal Ideation with Some Intent to Act, withou	nt Specific Plan QSTESTCD=CSS0204	Yes	No
Active suicidal thoughts of killing oneself and subject reports having some definitely will not do anything about them."	e intent to act on such thoughts, as opposed to 1 have the thoughts but 1		
Have you had these thoughts and had some intention of acting on them?	•		
If yes, describe: QSTESTCD=CSS0204A			
5. Active Suicidal Ideation with Specific Plan and Intent	:QSTESTCD=CSS0205		
Thoughts of killing oneself with details of plan fully or partially worked on Have you started to work out or worked out the details of how to kill your	ut and subject has some intent to carry it out.	Yes	No
,	iseg. 20 you ment to early out inspiral.		
If yes, describe: QSTESTCD=CSS0205A			
INTENSITY OF IDEATION QSSCAT = INTE	NSITY OF IDEATION		
The following features should be rated with respect to the most se	vere type of ideation (i.e., 1-5 from above, with 1 being the least severe		
and 5 being the most severe).	***************************************	М	ost
Most Severe Ideation: QSTESTCD=CSS0206	QSTESTCD=CSS0206A	Sev	vere
Type # (1-5)	Description of Ideation		
Frequency QSORR	ES QSTESTCD=CSS0207		
How many times have you had these thoughts? (1) Less than once a week (2) Once a week (3) 2.5 times in week	(4) Daily or almost daily (5) Many times each day		
Duration	DESC/OSSTRESNI QSTESTCD=CSS0208		
When you have the thoughts, how long do they last? QSST (1) Fleeting - few seconds or minutes	4) 4-8 hours/most of day		
	(5) More than 8 hours/persistent or continuous		
Controllability	QSTESTCD=CSS0209		
Could/can you stop thinking about killing yourself or wanting	g to die if you want to?		
	Can control thoughts with a lot of difficulty Unable to control thoughts		
	0) Does not attempt to control thoughts		
Deterrents Are those things, appears or appthing (a.g. family religion)	QSTESTCD=CSS0210 pain of death) - that stopped you from wanting to die or acting on	-	
thoughts of committing suicide?	outh of death) - that stopped you from wanting to die or acting on		
	(4) Deterrents most likely did not stop you (5) Deterrents definitely did not stop you	_	
(3) Uncertain that deterrents stopped you	(0) Does not apply		
Reasons for Ideation What sort of reasons did you have for thinking about wanting	QSTESTCD=CSS0211		
	g to die or killing yourself? Was it to end the pain or stop the way th this pain or how you were feeling) or was it to get attention,		
revenge or a reaction from others? Or both?			
(1) Completely to get attention, revenge or a reaction from others(2) Mostly to get attention, revenge or a reaction from others	(4) Mostly to end or stop the pain (you couldn't go on living with the pain or how you were feeling)		
			1
	(5) Completely to end or stop the pain (you couldn't go on		
and to end/stop the pain		Varcio	on 1/14/09

SUICIDAL BEHAVIOR (Check all that apply so long as these	QSSCAT = SUICIDAL B		Since	
Actual Attempt:	-	QSTESTCD=CSS0212		
		f act. Behavior was in part thought of as method to kill oneself. Intent	Yes	N
		then it can be considered an actual suicide attempt. <i>There does not</i>		
	the potential for injury or harm. If person pu	alls trigger while gun is in mouth but gun is broken so no injury results,		
this is considered an attempt.	ies intent/wish to die it may be inferred clin	nically from the behavior or circumstances. For example, a highly		
		e.g., gunshot to head, jumping from window of a high floor/story).		
	they thought that what they did could be leth			
Have you made a suicide attempt?				
Have you done anything to harm y				
Have you done anything dangerou	s where you could have died?		Total	
What did you do?		***************************************	Atte	mŗ
Did you as a way to en	nd your life?	;QSTESTCD=CSS0213;		
Did you want to die (even a l	ittle) when you?			
Were you trying to end your	life when you?			
Or did you think it was possil	ble you could have died from?			
Or did you do it purely for other re	asons / without ANY intention of kil	lling yourself (like to relieve stress, feel better, get		
	happen)? (Self-Injurious Behavior witho			
If yes, describe: QSTESTCD=C	`SS0213A			
QOILOTOD-C	7000210/1		Yes	1
	ranan.	TEOTOD 0000044		
Has subject engaged in Non-Suici	dal Self-Injurious Behavior? QS	TESTCD=CSS0214:		[
Interrupted Attempt:		QSTESTCD=CSS0215		
When the person is interrupted (by an outs	side circumstance) from starting the potentia	ally self-injurious act (if not for that, actual attempt would have	Yes	
occurred).				[
		by pills, this becomes an attempt rather than an interrupted attempt.	_	
		is somehow prevented from pulling trigger. Once they pull the trigger, bed and taken down from ledge. Hanging: Person has noose around		
neck but has not yet started to hang - is sto		boed and taken down from ledge. Hanging, I erson has noose around		
		fe but someone or something stopped you before you	Total	
actually did anything?			interr	up
If yes, describe: QSTESTCD=C	`CC0216A'	;QSTESTCD=CSS0216;		
Lys, Les LOD-C	73302 TOAT		-	
Aborted Attempt:		QSTESTCD=CSS0217	Yes	
When person begins to take steps toward r		ves before they actually have engaged in any self-destructive behavior.	168	
		self, instead of being stopped by something else.		-
Has there been a time when you	started to do something to try to en	nd your life but you stopped yourself before you		
actually did anything?			Total	
actually did anything? If yes, describe: QSTESTCD=C	CSS0218A;	QSTESTCD=CSS0218	abo	ııc
Preparatory Acts or Behavior:		QSTESTCD=CSS0219 nything beyond a verbalization of thought, such as assembling a		
Acts or preparation towards imminently m	aking a suicide attempt. This can include an	nything beyond a verbalization or thought, such as assembling a	Yes	
		suicide (e.g., giving things away, writing a suicide note).		
		ng to kill yourself (such as collecting pills, getting a gun,		
giving valuables away or writing a				
If yes, describe: QSTESTCD=C	SS0219A			
~		COTTOTOD		
Suicidal Behavior:	10	QSTESTCD=CSS0220	Yes	
Suicidal behavior was present during the a	ssessment period?			-
Suicide:		QSTESTCD=CSS0221	Yes	ľ
		W31E31CD-C330221		١
				_
Answer for Actual Attempts	Only	OCTECTOD-CCC0222A	Most Le	
RESC/QSSTRESN			Attempt Date:	
Actual Lethality/Medical Damage	: QSORRES	QSTESTCD=CSS0222B		
0. No physical damage or very minor phy		<u> </u>	Enter	C
		prains).		
1. Minor physical damage (e.g., lethargic	specen, mst degree burns, mild bleeding, st			
2. Moderate physical damage; medical att	tention needed (e.g., conscious but sleepy, so			
 Moderate physical damage; medical att Moderately severe physical damage; m 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive ca	are required (e.g., comatose with reflexes intact; third-degree burns		
2. Moderate physical damage; medical att3. Moderately severe physical damage; mless than 20% of body; extensive blo	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive ca and loss but can recover; major fractures).	are required (e.g., comatose with reflexes intact; third-degree burns		
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive ca tood loss but can recover; major fractures). italization with intensive care required (e.g.,			
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive ca and loss but can recover; major fractures).	are required (e.g., comatose with reflexes intact; third-degree burns		
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi Death 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive ca tood loss but can recover; major fractures). italization with intensive care required (e.g., ital signs; major damage to a vital area).	are required (e.g., comatose with reflexes intact; third-degree burns, comatose without reflexes; third-degree burns over 20% of body;		
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi Death Potential Lethality: Only Answer	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive cased loss but can recover; major fractures). italization with intensive care required (e.g., ital signs; major damage to a vital area). if Actual Lethality=0	are required (e.g., comatose with reflexes intact; third-degree burns , comatose without reflexes; third-degree burns over 20% of body; QSTESTCD=CSS0222C	 Enter	C
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi Death Potential Lethality: Only Answer Likely lethality of actual attempt if no medical physical damage; medical hospi extensive blood loss with unstable vi 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive cased loss but can recover; major fractures). italization with intensive care required (e.g., ital signs; major damage to a vital area). if Actual Lethality=0 dical damage (the following examples, while	are required (e.g., comatose with reflexes intact; third-degree burns , comatose without reflexes; third-degree burns over 20% of body; QSTESTCD=CSS0222C e having no actual medical damage, had potential for very serious	Enter	C
 Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi Death Potential Lethality: Only Answer Likely lethality of actual attempt if no medical physical damage; medical hospi extensive blood loss with unstable vi 	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive cased loss but can recover; major fractures). italization with intensive care required (e.g., ital signs; major damage to a vital area). if Actual Lethality=0 dical damage (the following examples, while	are required (e.g., comatose with reflexes intact; third-degree burns , comatose without reflexes; third-degree burns over 20% of body; QSTESTCD=CSS0222C	Enter	C
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Moderate physical damage; medical att Moderately severe physical damage; m less than 20% of body; extensive blo Severe physical damage; medical hospi extensive blood loss with unstable vi Death Potential Lethality: Only Answer Likely lethality of actual attempt if no med lethality: put gun in mouth and pulled the before run over).	tention needed (e.g., conscious but sleepy, so edical hospitalization and likely intensive cased loss but can recover; major fractures). Italization with intensive care required (e.g., ital signs; major damage to a vital area). If Actual Lethality=0 dical damage (the following examples, while trigger but gun fails to fire so no medical damage to take the following examples in the following but gun fails to fire so no medical damage the following examples in the following but gun fails to fire so no medical damage the following examples in the following but gun fails to fire so no medical damage the following examples in the following but gun fails to fire so no medical damage the following examples in the following but gun fails to fire so no medical damage the following examples in the following but gun fails to fire so no medical damage the following examples in the following examples	are required (e.g., comatose with reflexes intact; third-degree burns , comatose without reflexes; third-degree burns over 20% of body; QSTESTCD=CSS0222C e having no actual medical damage, had potential for very serious	Enter	C