FT (Functional Tests)

FTCAT=4-STAIR DESCEND

4-Stair Descend

Item Number	Question	Answer
	Was the entire instrument not done?	If not done, reason not done:_____ FTREASND when FTSTAT=NOT DONE
1	Was the 4-stair descend performed? FTTESTCD=D4STR101	☐ Yes [Go to 2] FTORRES/ FTSTRESC ☐ No, Due to disease under study [Go to 4, assign test grade = 1]
2	If yes, time taken to do the 4-stair descend? FTTESTCD=D4STR102	__ __ __ minutes __ __ __ . __ seconds FTORRES/ FTSTRESC
3	If yes, did subject wear orthoses? FTTESTCD=D4STR103	☐ Yes ☐ No FTORRES/ FTSTRESC
4	Test grade (check one only) FTTESTCD=D4STR104	☐ (1) Unable to descend 4 standard stairs. ☐ (2) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), using both arms on one or both handrails. ☐ (3) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), using one arm on one handrail. ☐ (4) Descends 4 standard stairs "marking time" (descends 1 foot at a time, with both feet on a step before moving to next step), not needing handrail. ☐ (5) Descends 4 standard stairs alternating feet, needs handrail for support. ☐ (6) Descends 4 standard stairs alternating feet, not needing handrail support. FTSTRESC/ FTSTRESN FTORRES

CDISC created this CRF to represent the 4-Stair Descend. CDISC believes this instrument is in the public domain, but you should perform your own assessment. This is not a validated CRF or an endorsement of the 4-Stair Descend. CDISC specifies how to structure the data that has been collected in a database, not what should be collected or how to conduct clinical assessments or protocols.