

QS=Questionnaires

Symptoms of Major Depressive Disorder Scale (SMDDS) v1.0

QSCAT=SMDDS V1.0

For each of the following questions, please choose the one response that best describes your experience over the past 7 days. QSEVLINT=-P7D

1. Over the past 7 days, how sad have you felt? QSTESTCD=SMDDS101

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

← QSORRES/QSSTRESC

2. Over the past 7 days, how hopeless have you felt? QSTESTCD=SMDDS102

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

3. Over the past 7 days, how irritable have you felt? QSTESTCD=SMDDS103

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

4. Over the past 7 days, how overwhelmed have you felt? QSTESTCD=SMDDS104

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

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5. Over the past 7 days, how worried have you felt? **QSTESTCD=SMDDS105**

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

6. Over the past 7 days, how tired have you felt? **QSTESTCD=SMDDS106**

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

7. Over the past 7 days, how difficult was it for you to stop thinking about your problems?

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

QSTESTCD=SMDDS107

8. Over the past 7 days, how difficult was it for you to concentrate? **QSTESTCD=SMDDS108**

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

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9. Over the past 7 days, how difficult was it for you to enjoy your daily life? **QSTESTCD=SMDDS109**

- Not at All
- A Little Bit
- Moderately
- Quite a Bit
- Extremely

10. Over the past 7 days, how often did you have a problem with your sleep (falling asleep, staying asleep, or sleeping too much)? **QSTESTCD=SMDDS110**

- Never
- Rarely
- Sometimes
- Often
- Always

11. Over the past 7 days, how often did you have a poor appetite? **QSTESTCD=SMDDS111**

- Never
- Rarely
- Sometimes
- Often
- Always

12. Over the past 7 days, how often did you over eat? **QSTESTCD=SMDDS112**

- Never
- Rarely
- Sometimes
- Often
- Always

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13. Over the past 7 days, how much of the time did you have to push yourself to do things?

QSTESTCD=SMDDS113

- Never
- Rarely
- Sometimes
- Often
- Always

14. Over the past 7 days, how much of the time did you feel like doing nothing?

QSTESTCD=SMDDS114

- Never
- Rarely
- Sometimes
- Often
- Always

15. Over the past 7 days, how much of the time did you blame yourself when bad things happened?

QSTESTCD=SMDDS115

- Never
- Rarely
- Sometimes
- Often
- Always

16. Over the past 7 days, how much of the time did you feel that life is not worth living?

QSTESTCD=SMDDS116

- Never
- Rarely
- Sometimes
- Often
- Always

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